



# *30 Days in the Psalms*

**AN INTRODUCTION TO INDUCTIVE BIBLE  
STUDY**

**SCRIPTURE PATHS BIBLE STUDIES**

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## 30 Days in the Psalms – Part 1

These daily mini-studies are designed to keep you in the Word and growing in steadfastness during the Christmas season when our routine often changes and Bible studies take a break.

As you read, ask yourself, “*What can I learn about God’s character from this Psalm?*” “*What are some truths I can apply to my own life?*” “*Are there any attitudes in my own heart that need changed?*” Be sure to include some time of reflection and prayer as you read.

1. Day 1. *Read Psalm 1.* What kinds of people are being compared in this Psalm? How does each one act? What are the results?
2. Day 2. *Read Psalm 4.* What truths about God does David reflect upon that give him comfort?
3. Day 3. *Read Psalm 5.* Record what you learn about the character of God, the wicked, and the righteous.
4. Day 4. *Read Psalm 8.* How does reflecting upon God’s creation move David to praise?
5. Day 5. *Read Psalm 11.* What do you learn about God and those who love Him in this Psalm?
6. Day 6. *Read Psalm 15.* List the characteristics of those who love God.
7. Day 7. *Read Psalm 16.* Record what you see God doing for His children and the results in their lives.
8. Day 8. *Read Psalm 19.* List all the qualities of the Word of God. What is the result in our lives?

## 30 Days in the Psalms – Part 2

These daily mini-studies are designed to keep you in the Word and growing in steadfastness during the Christmas season when our routine often changes and Bible studies take a break.

As you read, ask yourself, “*What can I learn about God’s character from this Psalm?*” “*What are some truths I can apply to my own life?*” “*Are there any attitudes in my own heart that need changed?*” Be sure to include some time of reflection and prayer as you read.

1. Day 9. *Read Psalm 23.* List all the ways God cares for you.
2. Day 10. *Read Psalm 25.* What kinds of things does David pray for? What attributes of God does he reflect upon?
3. Day 11. *Read Psalm 27.* What does David ask God for? What situation was David facing? What truths about God gave him courage?
4. Day 12. *Read Psalm 32.* What things does David say are blessings? What things do you learn about sin in this Psalm?
5. Day 13. *Read Psalm 36.* List all the attributes of God you can find. How does that knowledge strengthen you heart?
6. Day 14. *Read Psalm 37.* What godly responses are described in this psalm? What truths do you learn about God?
7. Day 15. *Read Psalm 42.* How is longing for God described? Where does help come from?
8. Day 16. *Read Psalm 49.* What do you learn about those who place their hope in this world?

## 30 Days in the Psalms – Part 3

These daily mini-studies are designed to keep you in the Word and growing in steadfastness during the Christmas season when our routine often changes and Bible studies take a break.

As you read, ask yourself, “*What can I learn about God’s character from this Psalm?*” “*What are some truths I can apply to my own life?*” “*Are there any attitudes in my own heart that need changed?*” Be sure to include some time of reflection and prayer as you read.

1. Day 17. *Read Psalm 51.* What do you learn about sin and sinning in this psalm? What example of prayer is given when we do sin?
2. Day 18. *Read Psalm 56.* What do you learn about trusting God during times of fear? What is the proper way to think when you’re afraid as shown in this psalm?
3. Day 19. *Read Psalm 62.* What is your response to God to be life in times of trouble?
4. Day 20. *Read Psalm 63.* What examples of seeking God are in this psalm? What are you to seek Him?
5. Day 21. *Read Psalm 66.* What does God do for His children?
6. Day 22. *Read Psalm 69.* What does God do for those who seek Him? How is the heart of the psalmist revealed here?
7. Day 23. *Read Psalm 73.* What does the psalmist come to understand in this psalm? What is his desire by the end?

## 30 Days in the Psalms – Part 4

These daily mini-studies are designed to keep you in the Word and growing in steadfastness during the Christmas season when our routine often changes and Bible studies take a break.

As you read, ask yourself, “*What can I learn about God’s character from this Psalm?*” “*What are some truths I can apply to my own life?*” “*Are there any attitudes in my own heart that need changed?*” Be sure to include some time of reflection and prayer as you read.

1. Day 24. *Read Psalm 77.* When circumstances *seem* to indicate that God has forgotten you, what do you need to remember?
2. Day 25. *Read Psalm 84.* List what you learn about those who are blessed. What does God do for those who are His?
3. Day 26. *Read Psalm 86.* What things does David ask God for in this psalm? What does he know is true of God?
4. Day 27. *Read Psalm 90.* Why is it important to remember the brevity of life according to this psalm?
5. Day 28. *Read Psalm 94.* What does the psalmist learn as he turns to God for help?
6. Day 29. *Read Psalm 100.* How are you to worship God according to this psalm? What attributes about God do you discover?
7. Day 30. *Read Psalm 103.* List all the ways that God cares for us.